



Anna Stitelmann, PT, MSc, PhD student

Email : anna.stitelmann@hug.ch

Date of Birth: September 23, 1995

Languages: French & Icelandic (native), English (fluent), German (intermediate)

Research Gate : [Anna Stitelmann](#)

EDUCATION

Since 2024 (Clermont-Ferrand, France)

PhD student in Health Sciences– University of Clermont Auvergne (UCA)

2022-2023 (Geneva, Switzerland)

Certificate of Advanced Studies in Clinical Research – University of Geneva (UNIGE)

2019-2022 (Bern, Switzerland)

MSc in Sport Physiotherapy – Bern University of Applied Sciences (BFH)

2015-2018 (Geneva, Switzerland)

BSc in Physiotherapy – Geneva School of Health Sciences (HEdS)

CURRENT PROFESSIONAL POSITIONS

Since 01.09.2021 (Geneva, Switzerland)

Teaching Assistant (50%) – Geneva School of Health Sciences (HEdS)

Since 01.01.2020 (Genève, Switzerland)

Sport physiotherapist & Medical coordinator Servette Rugby Club (50%) – Geneva University Hospitals (HUG)

PREVIOUS PROFESSIONAL EXPERIENCE

2018-2023

Sport Physiotherapist – Various sports teams: Swiss National Basketball Teams, Geneva Gymnastics Association, Carouge Football Club, Rugby Club Avusy

2018 à 2019 (Conignon, Switzerland)

Physiotherapist – Sport Multithérapies

GRANTS & AWARDS

2023

PhD Time-Allocation Grand – HEdS & HUG

2023

Alfacare Prize– International Federation of Sport Physiotherapy (IFSPT)

2023

Young Research Award ReFORM – Francophone Olympic Research Network in Sport Medicine

PUBLICATIONS

Peer-Reviewed Journals

Stitelmann, A.; Allet, L.; Armand, S.; Tscholl, P. Reliability and Validity of Temporal Parameters during the Side Hop Test in Patients after Anterior Cruciate Ligament Reconstruction. *J. Clin. Med.* 2024, 13, 3407. <https://doi.org/10.3390/jcm13123407>

Stitelmann, A.; Bruyneel AV; Enea, C; Boisseau N. Optimisation de l'entraînement des athlètes féminines en fonction du cycle menstruel: synthèse narrative basée sur des preuves scientifiques. *Mains Libres*. 2024

Stitelmann, A. ; Gard, S. ; Coen, SE. et al. Beyond the Menstrual Cycle: Time for a Holistic Approach to Athlete Health and Performance. *IJSPT*. 2024;19(12):1647-1650. doi:10.26603/001c.126285

Non-Peer-Reviewed Journals

Stitelmann, A & Bel, L. The future of sport physiotherapy: opportunities and challenges. *Sportfisio*. 2022.